

IF Unit 3 reading comprehension questions

1. Which Olympic events from long ago are still present in today's Olympic Games?
 - A. Swimming and diving.
 - B. Riding and shooting.
 - C. Running and jumping.
 - D. Throwing and catching.

2. Which of the following is TRUE of Ben Johnson?
 - A. He was not born in the Caribbean or raised in Canada.
 - B. He ran the 100-meter dash in more than 9.97 seconds.
 - C. He wasn't permitted to take part in any Olympic Games for life.
 - D. He did not take any illegal drugs to better his performance.

3. What is TRUE of long-distance runners?
 - A. They are able to breathe slowly.
 - B. They have small hearts.
 - C. They are very tall and heavy.
 - D. They tend to be thin.

4. Which of the following do professional athletes NOT practice?
 - A. Increase their intake of fats.
 - B. Practice weight training.
 - C. Consume high-protein food.
 - D. Practice speed training.

5. Which of the following does the word "this" refer to in paragraph 4 line 5?
 - A. The ban of performance-enhancing drugs.
 - B. The "cat-and-mouse" game between athletes.
 - C. The use of performance-enhancing drugs.
 - D. The heavy punishment for cheating.